

## CPR AED



With nearly 80 percent of sudden cardiac arrests occurring outside the hospital, it is important that employers offer CPR and AED training for their employees to respond to a sudden cardiac arrest emergency.

Heartsaver CPR AED is a classroom, video-based, instructor-led course that teaches adult CPR and AED use, as well as how to relieve choking on an adult. Optional modules include child CPR and AED use, infant CPR and child and infant choking.

Heartsaver CPR AED teaches skills with AHA's research-proven Practice-While-Watching (PWW) technique, which allows instructors to observe the students, provide feedback and guide the students' learning of skills.

Upon successful completion of the course, including a skills test, students receive a Heartsaver CPR AED course completion card, valid for 2 years.

### Course Covers

- Key changes reflecting the new science from the *2010 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care*
- Adult CPR and AED use
- Optional modules in child CPR and AED use and infant CPR, including child and infant choking
- Optional written test

### Heartsaver CPR AED Course Materials

- Heartsaver First Aid CPR AED Instructor Manual with Lesson Maps and Instructor CD (90-1029)
- Heartsaver DVD Set (90-1028)
- Heartsaver CPR AED Student Workbook with Adult and Child/Infant Reminder Cards (90-1044)

### Primary Audience

This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements.

*Unfortunately, emergencies happen in the workplace. When a life is at stake, don't settle for less. Rely on quality training from the trusted leader in CPR and emergency cardiovascular care — rely on the American Heart Association.*

**Sudden cardiac arrest can happen to anyone at anytime. Through our Heartsaver CPR AED Course, your employees will have the confidence and skills to respond to these emergencies.**



[www.heart.org/workplace](http://www.heart.org/workplace)

WORKPLACE TRAINING			
● First Aid	● CPR	● AED	● Bloodborne Pathogens