

Chesapeake City Ecumenical Association



WELLNESS MINISTRY PROGRAMS:

PREVENTION AND DEALING WITH CHRONIC ILLNESS

2 HRS/WK FOR 6 WEEKS

TOPICS:

**CHRONIC ILLNESS INCLUDING ARTHRITIS AND
DIABETES. TEN PARTICIPANTS REQUIRED.
COMPANION REFERENCE INCLUDED.
TIME AND DATE TO BE DETERMINED.**

ENROLLMENT IN AFFORDABLE CARE AGES 18-65

**NAVIGATORS WILL HELP YOU FIND AND ENROLL
IN THE BEST PLAN FOR YOU. AID FOR FINANCIAL
SUPPORT WILL BE COVERED. HELD AT THE
CCEA, 227 BASIL AVE, CHESAPEAKE CITY, MD
21915**

TIME AND DATE TO BE DETERMINED.

**PRE-REGISTRATION REQUIRED FOR ALL
PROGRAMS**

CONTACT CAROLE HIRES, 443-566-0933