

THE RECIPE PROJECT!



In an effort to provide the most nutritious food choices to our patrons, the Food Pantry is compiling a cookbook with recipes made with non-processed food that can be prepared for a family of four for around \$10. We are looking for nutritious recipes made with "real" food.

If you have a favorite chili, soup, casserole or economical entrée, all are needed. You'll receive "Cook's Credit" in the cookbook.

Please forward your recipes to

dyn192@atlanticbb.net

or leave them at your church
in the CCEA mailbox ,

or they can be mailed to:

CCEA

P O BOX 244, 227 Basil Avenue

Chesapeake City, MD 21915

To the attention of the Food Pantry